



BREAKFAST MENU

6:00 a.m. – 2:00 p.m.

Our eggs are from cage-free chickens - no steroids, no stimulants

The Number One

Mushrooms and scallions or Canadian Bacon with Swiss cheese on a homemade English muffin—with eggs—and our special sour cream dill sauce.

Single #1 (one egg)

Vegetarian
Canadian bacon
The Works

Double #1 (two eggs)

Vegetarian
Canadian bacon
The Works

French Scrambled Eggs

2 eggs scrambled with scallions, cream cheese, and dill. Served with home-fries or fruit salad and your choice of toast, crumpet or fruit bread.

Curried Tofu Scramble

Fresh tofu scrambled with curry, black olives, and salsa. Served with home-fries, or fruit salad and your choice of toast, crumpet or fruit bread.

Breakfast Burrito

One egg, potatoes, salsa and white cheddar cheese in a flour tortilla.
Sour cream • lettuce and tomato

Tofu Burrito

Tofu, potatoes, and salsa in a flour tortilla.
Sour cream • lettuce and tomato

Heaping Bowl

Potatoes fried up with mushrooms, onions, and bell peppers topped with your choice of cheese. Served with choice of toast crumpet, or fruit bread
Add 1 egg • Add tofu • Add ham

Granola

Homemade and organic with soy, 2% milk, or juice.
Add fruit • Add yogurt

Oats

Slow-cooked whole oats served with brown sugar,
And choice of milk or soy milk.
Add shots of raisins, blueberries, nuts or bananas.

Omelettes

Our omelettes are fluffy 3 eggs served with home fries or fruit salad and your choice of toast, crumpets, or fruit bread.

The Popeye

Spinach, mushrooms, roasted sunflower seeds and your choice of white cheddar, feta, or Swiss cheese

The Red Lodge

Ham, white cheddar cheese, bell peppers, and onions.

Apple Walnut Omelette

Choice of white cheddar, feta, or Swiss cheese with apples and walnuts.

The Lorraine

Bacon, Swiss cheese, and grilled onions.

French Toast

A traditional favorite. Served with pure maple syrup.
Add ham, Maple sausage, bacon, or Canadian Bacon

Corn Cake

Our hearty pancake made with whole wheat flour and corn meal. Served with pure maple syrup.
Plain or with blueberries, apples, pecans, walnuts or jalapenos.

Our Basic Breakfast

2 eggs as you like them served with your choice of homefries or fruit salad and toast, crumpet, fruit bread.
Add ham, Maple sausage, bacon, or Canadian bacon.

Huevos Rancheros

Grilled corn tortilla with black beans. Queso blanco cheese and fried egg topped with our sour cream, avocado, lettuce and tomato. Homemade salsa on the side. Served with homefries or fruit salad.

One egg • Two eggs